

What is your **Arthritis I.Q.?**

52.5 million adults have arthritis



Arthritis affects daily activities of **22.7** million adults

obesity increases incidence and severity of arthritis



2/3

of arthritis sufferers are **younger** than 65 (working and not retired)



Exercise

reduces weight load on joints, relieves pain and improves function.



Keeping joints

flexible can be helpful - select the right activity and wear proper supports.

The word **arthritis** comes from the Greek arthron meaning “**joint**” and the Latin **itis** meaning “**inflammation**”

Frequent Frustrations

swelling
aching joints
the inability to grasp and manipulate objects



IMAK® Gloves

have received the **Ease of Use Commendation** from Arthritis Foundation.

Smart Glove, Arthritis Gloves, Active Gloves

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Source: Arthritis Foundation www.arthritis.org