

# Steady Step®



**Heel Hugger** therapeutic heel stabilizer with Polar Ice® provides relief for heel pain from plantar fasciitis and inflammatory problems of the calcaneus below the level of the talo-calcaneal joint. Heel Hugger limits lateral and medial movement of heel and provides soothing cold therapy to reduce heel inflammation.

Designed by a podiatrist, Heel Hugger is effective treatment for chronic heel pain, heel spurs, plantar fasciitis, narrow heels, retrocalcaneal bursitis, calcaneal apophysitis and achilles tendonitis.



# Heel Hugger®

## Effective Treatment For

- relief of plantar fasciitis
- heel contusions, irritation and blisters
- calcaneal spurs and apophysitis
- retrocalcaneal bursitis and spurs
- achilles tendonitis
- subtalar arthritis
- narrow heels

## Unique Design

- relieves heel pain from plantar fasciitis and heel spurs
- reduces impact with every step
- provides heel stability, limits movement
- compensates for narrow heel
- compatible with orthotics
- treats inflammatory problems of the heel
- enables rapid transition from post-op shoe to normal shoe

## Supportive Neoprene Construction

- fits comfortably like a stocking
- provides compression to control edema
- absorbs shock
- washes and dries quickly



Scan for a product demo

Beige	Gray/Orange	SIZE	WOMEN	MEN
50071	50085	Small	4-7	<6
50072	50086	Medium	8-11	6-9.5
50073	50087	Large	>11	10-12
50074	50088	X-Large		>12



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