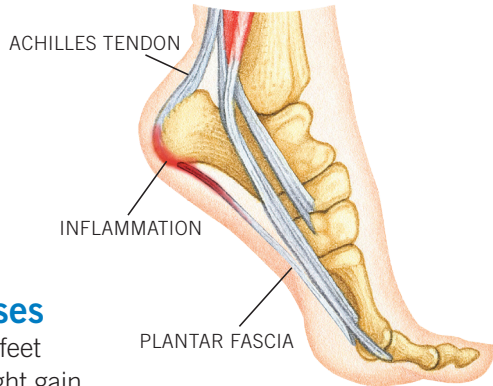


What is Plantar Fasciitis?

Plantar Fasciitis is an inflammation of the connective tissue (plantar fascia) extending from the heel to the ball of the foot. Symptoms include heel pain when taking first steps in the morning or after sitting. The sharp pain gradually disappears with continued walking or activity but returns each day.



Causes

- Flat feet
- Weight gain
- High arches
- Increased physical activity
- Shoes without heel or arch support

Learn more at brownmed.com
800-843-4395



NICE STRETCH®
Splints and supports for Plantar Fasciitis Relief



DAYTIME
TREATMENT



NIGHTTIME
TREATMENT



NICE STRETCH[®]

Plantar Fasciitis Sleeve

for Daytime Use



Helps Relieve:

- Moderate Plantar Fasciitis
- Heel Pain
- Achilles Tendonitis

Enhanced with
X-Stretch Technology

NICE STRETCH[®] Plantar Fasciitis Sleeve provides balanced compression and support to the ankle, arch and heel.

Comfortable enough to wear the entire day, the Plantar Fasciitis Sleeve is enhanced with X-Stretch technology to distribute pressure evenly across the foot. The X-Stretch design mimics the taping methods typically recommended by medical professionals for prevention and relief of Plantar Fasciitis, heel pain and Achilles tendonitis.

U.S. Patent 9,931,234

NICE STRETCH[™]

X-Lite Night Splint for Plantar Fasciitis



Helps Relieve:

- Plantar Fasciitis
- Heel Pain
- Achilles Tendonitis

NICE STRETCH[®] X-Lite Night Splint is worn at night and keeps the foot in a comfortable neutral position, gently stretching the plantar fascia and the Achilles tendon. Stretching helps reduce inflammation, pain and tenderness. It is worn at night so the first steps in the morning are less painful.

Applies quickly and easily, folds compactly for easy transportation and is lightweight and comfortable.

Use **Nice Stretch Plantar Fasciitis Sleeve** during the day and the **Nice Stretch X-Lite** at night for around the clock treatment for your plantar fasciitis pain.