



ERGONOMIC COMFORT
FOR THE DIGITAL WORLD

STRESS BALL



IDEAL FOR STRESS RELIEF



HELPS
STRENGTHEN
HAND MUSCLES



GREAT FOR
ISOMETRIC
EXERCISE



STRESS
RELIEF



MASSAGING
ergoBeads®



FREEZABLE
FOR EXTRA
COOLING RELIEF



SOFT COTTON
MATERIAL

The Stress Ball is ideal for isometric hand strengthening and hand rehabilitation – perfect for stress relief! The ergoBeads® filling provides a gentle massage, while comfortably allowing your fingers to stretch and strengthen. The Stress Ball is also great for managing and healing scar tissue in your hands.

ErgoBeads are specially designed plastic beads that glide comfortably against your skin. This creates a massaging effect to help increase blood circulation to help promote healthy muscle tissue.

Item numbers: **A10130 (Black)**
 A10129 (Blue)
 A10156 (Gray)



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